



Dr. Arnaldo Adrián Angelino (1958-2020)

It seems incredible to be seated writing these lines about doctor Arnaldo Adrián Angelino's demise. It is very hard to accept the death of a person in the fullness of life, with so many ongoing projects and activities.

We met more than 25 years ago and corresponded in our passion for cardiology and exercise. I recall the Cardiovascular Rehabilitation World Congress held in Buenos Aires in 1996, chaired by Doctor Bernardo Boskis, whose organization found us working together for countless days.

We then shared the authorship of our book *Medicine, exercise and sports (Medicina, ejercicio y deportes)*, published by the Favalaro Foundation.

Angelino was Head of the Ergometry and Cardiovascular Rehabilitation Council of the Argentine Society of Cardiology on several occasions, always with great scientific productivity. His novel ideas were expressed in different SAC guidelines and publications. He started his career in this subspecialty at the old Sanatorio Antártida with Drs. Moisés and Fanny Aptekar, where he became head of ergometry and rehabilitation, making valuable contributions to the medical community.

In 2000, he joined the Favalaro Foundation Life Center, giving rise to numerous research studies of the specialty.

On that year, he was founding member and participated in the first executive committee of the Ibero-American Council of Rehabilitation and Secondary Prevention, and organized prestigious congresses of the Council (now Society) in the following years.

On the twentieth anniversary of the Council in

2020, Arnaldo was elected President of the Congress. He was an excellent speaker, imparting national and international conferences and becoming a world leader of cardiovascular rehabilitation and prevention.

He also worked at Instituto Argentino de Diagnóstico y Tratamiento and was head of rehabilitation at Bazterrica Clinic.

His presence in the office and rehabilitation sessions held a special attraction for both his patients as his working partners. I will always remember him with his open smile and endless kindness.

Beyond all his scientific and academic merits, Arnaldo was an excellent life partner, with whom I shared wonderful family experiences. We used to meet with his parents and I knew Guido from his mother's womb, Marita. He always named them in his conversations. They really were the reason of his life. He was proud of his beautiful family and, logically, they were proud of a husband and father as Arnaldo.

The last time I saw him was in a casual meeting walking along Avenida Corrientes. How could we imagine what would happen soon after! I still hear that "See you soon" and cannot explain its final destiny.

Arnaldo, partner and friend, you have left a deep impression in Argentine cardiology and in the heart of all those who had the pleasure of knowing you and sharing the path of this dear profession. Your smile will always remain in our memory. Rest in peace, dear friend.

Dr. Roberto Peidro